



Menu—Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water
Tea	Homemade Soup & Wholemeal Bread Choice of Natural Yogurt or Fresh Fruit Water	Wholemeal Filled Rolls & Vegetable Sticks Choice of Natural Yogurt or Fresh Fruit Water	Homemade Tomato Pasta Bake & Carrots Choice of Natural Yogurt or Fresh Fruit Water	Homemade-Oven Omelette Choice of Natural Yogurt or Fresh Fruit Water	Baked Beans On Wholemeal Toast Grated Cheese Choice of Natural Yogurt or Fresh Fruit Water

At 3:30pm the children will be offered a drink and a healthy snack

Alternative meals are freshly prepared for children with any special dietary requirements



Menu—Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water
Tea	Homemade Pizza & Salad Choice of Natural Yoghurt or Fresh Fruit Water	Cauliflower and Broccoli Mornay Choice of Natural Yoghurt or Fresh Fruit Water	Cheese & Ham Sandwiches and Homemade Wedges Choice of Natural Yoghurt or Fresh Fruit Water	Homemade Soup & Wholemeal Bread Choice of Natural Yoghurt or Fresh Fruit Water	Jacket Potatoes with fillings Choice of Natural Yoghurt or Fresh Fruit Water

At 3:30pm the children will be offered a drink and a healthy snack

Alternative meals are freshly prepared for children with any special dietary requirements



Menu—Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water
Tea	Wholemeal Sandwiches Choice of Natural Yoghurt or Fresh Fruit Water	Homemade Soup & Wholemeal Bread Choice of Natural Yoghurt or Fresh Fruit Water	Jacket Potatoes & a Choice of Fillings Choice of Natural Yoghurt or Fresh Fruit Water	Spaghetti & Wholemeal Toast Choice of Natural Yoghurt or Fresh Fruit Water	Homemade Vegetable Pasta Bake Choice of Natural Yoghurt or Fresh Fruit Water

At 3:30pm the children will be offered a drink and a healthy snack

Alternative meals are freshly prepared for children with any special dietary requirements



Menu—Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water	Choice of Cereals Water
Tea	Homemade Macaroni Peas Cheese & Choice of Natural Yogurt or Fresh Fruit Water	Homemade Pizza With Vegetable Sticks Choice of Natural Yogurt or Fresh Fruit Water	Chicken Risotto Choice of Natural Yogurt or Fresh Fruit Water	Cheese & Ham Wholemeal Sandwiches & Salad Choice of Natural Yogurt or Fresh Fruit Water	Premium Pork Sausages & Wholemeal Rolls Choice of Natural Yogurt or Fresh Fruit Water

At 3:30pm the children will be offered a drink and a healthy snack

Alternative meals are freshly prepared for children with any special dietary requirements