



# Menu—Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water
AM Snack	Breadsticks & Raisins & Apricots Water	Vegetable Sticks & Hummus Water	Fresh Fruit Water Milk	Fruit Loaf Water Milk	Fresh Fruit Water Milk
Lunch	Homemade Fish Pie & Peas Homemade Fresh Fruit Water	Roast Chicken, Roast Potatoes, Seasonal Veg & Gravy Fresh Fruit Water	Homemade Cottage Pie & Seasonal Veg Natural Yoghurt & Honey Water	Cauliflower & Pasta Bake Peas Fresh Fruit Water	Homemade Veg Curry & Rice Bananas & Ice Cream Water
PM Snack	Vegetable Sticks & Hummus Water	Oat Cakes & Cheese Spread Water Milk	Fresh Fruit Water Milk	Low Salt Rice Cakes & Spread Water	Fresh Fruit Water Milk
Tea	Covent Garden Soup Wholemeal bread	Wholemeal Filled Rolls Water	Homemade Wholemeal Tomato Pasta Bake Water	Jacket Potatoes & a Choice of Fillings Water	Low Salt Baked Beans On Wholemeal Toast Grated Cheese Water

Alternative meals are freshly prepared for children with any special dietary requirements



# Menu—Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water
AM Snack	Oat Cakes & Cheese Spread Water Milk	Fresh Fruit Water Milk	Brioche Rolls Water Milk	Fresh Fruit Water Milk	Breadsticks & Raisins & Apricots Water
Lunch	Homemade Chicken & Vegetable Bake Seasonal Veg Fresh Fruit Water	Homemade Vegetable Lasagne & Salad Natural Yoghurt Water	Premium Pork Sausages & Mash Mixed Vegetables Fresh Fruit Water	Homemade Spaghetti & Veg Bolognese Baked Apple & Custard Water	Homemade Pork, Potato & Veg Casserole Fresh Fruit Water
PM Snack	Fruit Loaf Water Milk	Fresh Fruit Water Milk	Low Salt Rice Cakes & Spread Water	Fresh Fruit Water Milk	Homemade Biscuits Water Milk
Tea	Wholemeal Pizza Muffins & Vegetable Sticks Water	Low Salt Spaghetti on Wholemeal Toast Water	Wholemeal Sandwiches Water	Omelette Water	Covent Garden Soup & Wholemeal Bread

Alternative meals are freshly prepared for children with any special dietary requirements



# Menu—Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water
AM Snack	Fresh Fruit Water Milk	Low Salt Rice Cakes & Spread Water	Fresh Fruit Water Milk	Breadsticks & Raisins & Apricots Water	Fresh Fruit Water Milk
Lunch	Homemade Beef Lasagne Garlic Bread  Homemade Granola Bars Water	Homemade Shepherds Pie & Seasonal Veg  Fresh Fruit Water	Roast Chicken Roast Potatoes, Seasonal Veg & Gravy Banana & Ice Cream Water	Homemade Chicken Curry & Couscous  Fresh Fruit Water	Homemade Fish Pie & Peas  Natural Yoghurt Water
PM Snack	Fresh Fruit Water Milk	Fruit Loaf Water Milk	Fresh Fruit Water Milk	Homemade Granola Bars Water	Fresh Fruit Water Milk
Tea	Wholemeal Sandwiches Water	Covent Garden Soup & Wholemeal Bread Water	Jacket Potatoes & Choice of Fillings Water	Homemade Cheese & Onion Pie & Cherry Tomatoes  Water	Homemade Wholemeal Tuna Pasta Bake

Alternative meals are freshly prepared for children with any special dietary requirements



# Menu—Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water	Choice of Breakfast Cereals Water
AM Snack	Cheese Cubes & OatCakes Water Milk	Fresh Fruit Water Milk	Breadsticks & Raisins Water Milk	Fresh Fruit Water Milk	Vegetable Sticks & Hummus Water
Lunch	Homemade Chicken & Vegetable Casserole Fresh Fruit Water	Fresh Beef Burgers & Sweet Potato Wedges & Seasonal Veg Baked Apple & Custard Water	Homemade Fish Pie & Peas Fresh Fruit Water	Homemade Chilli topped with Grated Carrot Natural Yoghurt & Honey Water	Homemade Wholemeal Tomato & Ham Pasta Bake Fresh Fruit Water
PM Snack	Homemade Biscuits Water	Fresh Fruit Water Milk	Vegetable Sticks & Hummus	Fresh Fruit Water Milk	Fruit Loaf Water Milk
Tea	Homemade Wholemeal Macaroni Cheese Water	Wholemeal Pizza Muffins & Vegetable Sticks Water	Omelette Water	Wholemeal Sandwiches Water	Premium Pork Sausages & Wholemeal Rolls Water

Alternative meals are freshly prepared for children with any special dietary requirements